



# MARCH BREAK FENCING CAMP

- ✓ Do you want to learn how to **fence**?
- ✓ Do you want to **stay active** and fit?
- ✓ Do you want to **have fun**?

...then this camp is what you're looking for!

If you have ever wanted to try out a fun and exciting sport, this March Break may be your best opportunity. We want everyone to get a chance to try out this fast-paced sport.

The camp is design for children that never fenced before. We provide an exciting and safe environment to learn the fundamentals of fencing cardio games, team-building activities, foot work, drills and plenty of fencing.

The camp is taught by the head coach of My Fencing Club, Katya Belkina.

**Age:** 8 yrs+

**Level:** Beginner

**Dates:** March 12-16

**Time:** 1pm to 4pm

**Cost:** \$160

**Equipment:** all the equipment is provided.

**What to bring:** you will need to bring running shoes, track pants, T-shirt and water bottle.

**Registration:** to register please contact Katya at (647) 720 0202 or [katya@myfencing.ca](mailto:katya@myfencing.ca)

