## **Armband foil - GREEN**



| Name:         | CLUB |  |
|---------------|------|--|
| Tested by:    |      |  |
| Testing Date: |      |  |

| Skill  | Ability Level * |   | el * | Comments   |
|--|-----------------|---|------|------------|
|  | 3               | 2 | 1    | Confinents |
| Parries (4, 6, 7, and 8)                                       |                 |   |      |            |
| Compound Parries   |                 |   |      |            |
| Ripostes and Counter Ripostes (simple and indirect)            |                 |   |      |            |
| Prise de Fer Attacks<br>(with opposition)                      |                 |   |      |            |
| Simple Attacks on Preparation                                  |                 |   |      |            |
| Compound Attacks (with feints, disengages, and cutovers)       |                 |   |      |            |
| Ability to Explain one's Actions (offensively and defensively) |                 |   |      |            |
| Appropriate Knowledge of<br>Rules and Etiquette                |                 |   |      |            |
| Able to Properly Referee Four (4) Bouts                        |                 |   |      |            |
| Able to Properly Keep a Pool Sheet                             |                 |   |      |            |

<sup>\*</sup> Ability Level: 3 = Acquired, 2 = Being Acquired, 1 = Not Acquired
To acquire an armband, a fencer must attain a minimum of 2 acquired marks (3's) and no "not acquired" marks (1's).